

About our Start for Life Sessions

Fantastic Babies: Six week programme to support babies' development through play activities.

Baby Massage: A wonderful opportunity for you to learn how to communicate with your baby through nurturing touch and massage in a relaxed and welcoming environment.

Fantastic Ones: A fun and nurturing group for children 12–24 months to learn and grow through play.

Fantastic Twos: A programme aimed at easing the transition from home to nursery, for children eligible for 2 year old funding but not yet attending a setting.

Getting Ready 4 Nursery: A programme aimed at easing the transition from home to nursery.

Let's get Messy: Children 0-4years will experience a wide variety of textures and materials to imagine, investigate, explore, and learn through their senses.

Music and Movement: A group for children 18 months to 4 years. Our activities will combine music with physical movement. Children will be singing, dancing, playing instruments and moving to the beat.

Bring a Book to Life: Outdoor Adventures: This session brings a story to life through outdoor adventures, arts, and crafts. Children explore the book creatively while enjoying imaginative activities in an outdoor setting.

Mini Chefs: Story Time and Cooking together: A fun and engaging session for children 2 - 4 years to explore the joys of cooking different recipes.

Arts and Crafts: Children will use and develop their imaginative and creative skills through a variety of material and resources.

Information, Advice and Guidance: Support with form filling, applying for a nursery or any other matter where support is needed. Please email or call to speak to a member of staff.

Learn2Love2Read for 2 years old: A session to sing, read, chat and play together. To book call: 07859883798

Next Gen: A place where young people can go to learn, have fun and relax.

For more information please email:

pat.ingram@richmondandwandsworth.gov.uk

Roehampton Family Hub Services

Wandsworth Baby Box Scheme: Supporting babies to have the best start in life. Please speak to a member of staff to find out how to access it.

Vitamins Collection: [Healthy Start](#)

Eastwood Children's Centre: Monday to Friday 9.30am to 4.00pm

West Hill Children's Centre: Tuesday 1.30pm to 4.00pm.

If you are unable to attend the above days please call us to arrange a collection time.

www.healthystart.nhs.uk/how-to-apply

Educational Psychologist drop in: If you have any concern about your child's learning, development and behaviour you can have a chat with the *Educational Psychologist at the Hub* on **7th May and 2nd July**

Talk Shop Advice Clinic: If you have any concern about your child's speech and language development you can have a chat with the Speech and Language Therapist (0-2years 6 months).

Understanding your Baby: Postnatal Group for mothers with low mood or anxiety.

Health 4 Life: The group support nutrition, movement and healthy lifestyles. Please book on [020 8102 6512](tel:02081026512) or clcht.0-19wandsworthandrichmondadmin@nhs.net

SWLeap Energy Advice: Need help to save energy at home and reduce your bills? Contact: info@swleap.org.uk

Antenatal sessions from the Ruby Team of Kingston Hospital: For referrals contact your midwife.

Power to Connect: Family Online Safety and Digital Skills course. To book, email: megan@powertoconnect.co.uk

Registration Services: Birth Registration
**Pre-booked appointments www.wandsworth.gov.uk/register-a-birth

Domestic Abuse One Stop Shop: No appointment needed. Wednesday from 10am – 12:30pm. Call for free and in confidence 24/7 on [0808 2000 247](tel:08082000247) or Monday to Friday on [0203 8793544](tel:02038793544)

Rackets Cubed Community Box: Social supermarket supporting residents of Roehampton, for a £4 donation you can come and shop for food. Book your slot on: <https://racketscubed.com/community-box/>

For Drop-in Well Child Health Clinics, Health Review appointments and Health Visitors team

Please note: Information is correct at the time of printing
Don't forget to Check our alternative Timetable for Half-Term!

Roehampton

Family Hub & Start for Life Offer

For Families, Children and
Young people aged 0-19 years or 25 with
Special Educational Needs and Disabilities.

Summer Term
13th April
to
17th July 2026



Contact us for information or to book a session on
020 8871 6655/5544 or email:

RoehamptonChildrensCentres@RichmondandWandsworth.gov.uk

Find us on Facebook as Roehampton Children's Centres

Roehampton Family Hub and Start for Life Offer. 13th April to 17th July 2026

****Booking required for some sessions**

Sessions are for mums, dads and *main carers with children aged 0 - 4 years old *Main carers are defined as related family members of the child attending the session and includes looked after children

	Monday	Tuesday	Wednesday	Thursday	Friday
Roehampton Family Hub 166 Roehampton lane SW15 4HR	10.00 - 11.30am Let's Get Messy 0-4 years <hr/> 9:00-6:00pm Place 2 Be **Pre-booked appointments	9.30 -11.30am Well Baby and Child Health Clinic Breastfeeding Support Group <hr/> 9:30-11.00am Talk Shop: Speech and Language 14th April, 5th May, 16th June, 14th July	9.30- 11.00am Getting Ready 4 Nursery **Booking required <hr/> 9:00-6:00pm Place 2 Be **Pre-booked appointments	10.00 - 11.00am Music & Movement 18months -4 years	Wandsworth Music: Fun Time Fridays Music, Singing, Dancing 10.00am-10.40am: 0-18months 10 .45am-11.30am: 18months-4 years 24th April to 22nd May & 12th June to 10th July
If you are not registered with Roehampton Family Hubs or Children's Centres Please use the QR Code below to register 	10.00-11.00am Health 4 Life Mums ** Booking Required <hr/> 9:30-11.00am Talk Shop: Speech and Language 18th May, 1st June, 29th June	10.00-11.15am Enhanced Stay, Play and Learn **By referral	Birth Registration Services: **Pre-booked appointments <hr/> 10.00-11.30am CAMHS: Arts Therapy Group **By referral	1.00-4.00pm Housing Advice and Support **book with a member of staff Fortnightly from 16th April	10.00-12.00pm Power to Connect: Family Online Safety and Digital Skills 24th April to 15th May To book a place please email: megan@powertoconnect.co.uk
	1:30-3.00pm Information, Advice and Guidance <hr/> 2.00pm-3.00pm Fantastic Babies Under ones	Roehampton Base at the Hub 4.00-5.00pm: Junior Dancing 5:00-6.00pm: Junior Boxing 8-13 Years	1.30 - 3.00pm Mini Chefs: Story Time and Cooking together 2-4 years <hr/> 2.00-2.45pm Learn2Love2Read: 2 years old 10th June to 1st July	3.30pm– 5.00pm Arts and Crafts 0-4 years Siblings are welcome!	1.30 - 3.00pm Bring a Book to Life: Outdoor Adventures 0-4 years <hr/> 1:30-2:40pm Baby Massage **Booking required 24th April to 22nd May
Granard Children's Centre Cortis Road SW15 6XA		10.00 - 11.30 am Fantastic Ones 12months—24th months		9.30-11.00am Fantastic 2's **Booking required	10.00 - 11.30am Let's Get Messy 0-4 years
West Hill in the Park Children's Centre	9.30 - 11.00am SLT Communication & Language Playgroup **Pre booked by SLT team <hr/> Health Reviews Appointments Only	9.30 - 11.00am CAMHS Parent and toddler Group. **By referral	10.00 - 11.30am Let's Get Messy 0-4 years <hr/> 10.00 –11.30am Talk Shop: Speech and Language 20th May/1 7th June/ 15th July/ 12th August	9.30.-11.00am Getting Ready 4 Nursery **Booking required <hr/> 1.30-2.45pm Family Nurse Partnership Last Thursday of the Month	9.00-3.30pm Perinatal Mental Health **Pre-booked appointments <hr/> 9.00 - 12.00pm Understanding your Baby **By referral
King Georges Park Buckhold Rd, SW18 4AS	1:30-3.00pm Information, Advice and guidance	1:30 - 3.30pm Well Child Health Clinic <u>Please arrive by 3.15 pm to be seen</u>	2.00-3.00pm Fantastic Babies Under Ones	1.30-2.30pm Educational Psychologist Drop in 4th June 1.30pm-2.30pm Health4Life Minis 30th April to 21st May	1:30-2:40pm Baby Massage **Booking required 12th June to 10th July

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